

## 2. Via SMS to 2023:

Write HES and National ID Number, last four digits of National ID serial code and days of sharing (number of days), respectively and with spaces between asked information) and send SMS to 2023, Individuals with no National ID or Foreign ID (starting with 97, 98, 99 ) numbers can travel without HES code until 5th June 2020. By 6th June 2020, these individuals can get HES code via sending SMS to 2023. Nationality, Passport serial number, year of birth and surname will be provided in the SMS, with spaces between asked information. Individuals with National ID number starting with 97, 98, 99 can get their HES codes via SMS to 2023; National ID number, year of birth and sharing time (as number of day) will be provided, with spaces between asked information.

## 3. Through E – Devlet:

You can generate, delete, inquire and view details of processes regarding HES code on E-Devlet platform by entering <https://www.turkiye.gov.tr/saglik-bakanligi-hes-kodu-uretme-ve-listeleme> web address through your telephone's search engine. Note: You can also obtain HES code for your children under 18 years old through SMS. Works are under process for generating HES code through e-devlet and Life fits the home application for your children, and will be available in near future.

Within the scope of the Covid-19 precautions, Life Fits Home (Hayat Eve Siğar (HES)) application has been put in place per the decision of the Ministry of Health which enables people living in Turkey to safely share their Covid-19 risk status with institutions and individuals for travel or visit purposes. To use and obtain HES code, Latin letters should be used. Data entry in the Arabic letters is not accepted by the system. **All the information in this document is taken from the official HES page of Republic of Turkey Ministry of Health, and designed by the Turk Kızılay, Kızılaykart Programmes.**



**KIZILAYKART**  
PROGRAMMES



**#Hayat Eve Siğar**  
Life Fits Into Home

## What is the HES Code?

During controlled social life conditions, **HES (Hayat Eve Siğar – Life Fits Into Home)** code helps you safely share your Covid-19 risk status with institutions and individuals for activities like transportation or visit. Shared HES codes can be checked through the app or services provided to institutions.

**Hes code does not substitute travel warrant. "You must apply for travel warrant through e-Government."** This code solely serves as a risk mitigant for infection in long distance transportation vehicles during travel. Covid-19 patients or contacted people will not be able to use public transportation. We use this code to inform you if anyone in the same vehicle is diagnosed as positive. **You have the full authority on generated HES codes. You can share your HES codes as long as you desire or you can delete them.**

# How to get HES Code?

There are three ways:

## 1. Through Life Fits Home Mobile Application (ISO and Android):

The main page is opened on the HES application. "My HES Codes" button is selected. After selecting this button, the Generating Code screen opens up. On this page, press the "Add new code" button. After pushing this button, the application will ask you to enter a duration for your code.

Select a date. If required, enter your name. After selecting a date, the application will navigate you to a page where you can receive your HES code. If requested, the obtained HES code can be presented to the organizations/institutions. Through, this HES code organizations/institutions is able to know if you pose any Covid-19 risk.

